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## TeleHealth Quick Start Guide

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Purpose:

The quick start guide is intended to help guide patients utilize the ZOOM for Healthcare application in order for patients to participate in TeleHealth sessions with a FoundCare provider.

Procedure:

1. On your mobile device/smartphone, open your Internet browser app and go to www.zoom.us. Click on **JOIN (1st Screenshot)**, which will take you to a page to download the app.

   Depending on your device, it will ask you to download from the appropriate store: **Apple App Store (2nd Screenshot) or Google Play Store (3rd Screenshot).** Do not worry, the application is **FREE** and there is **no charge** for downloading the app.
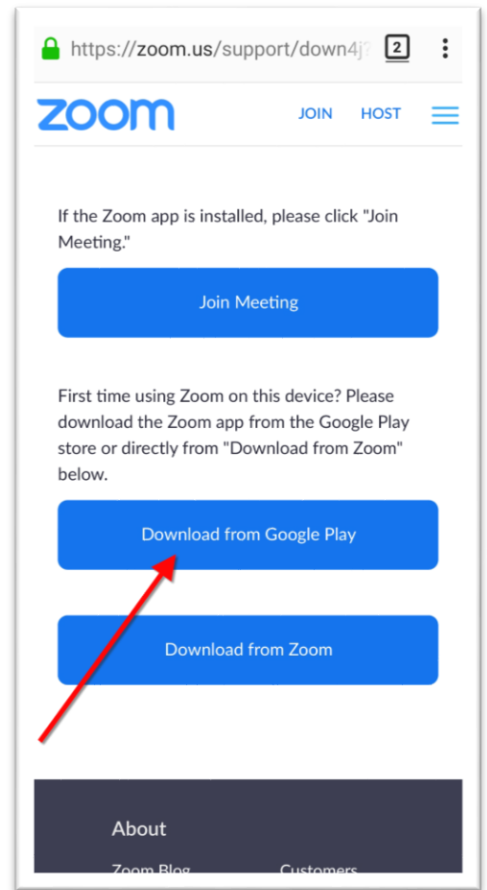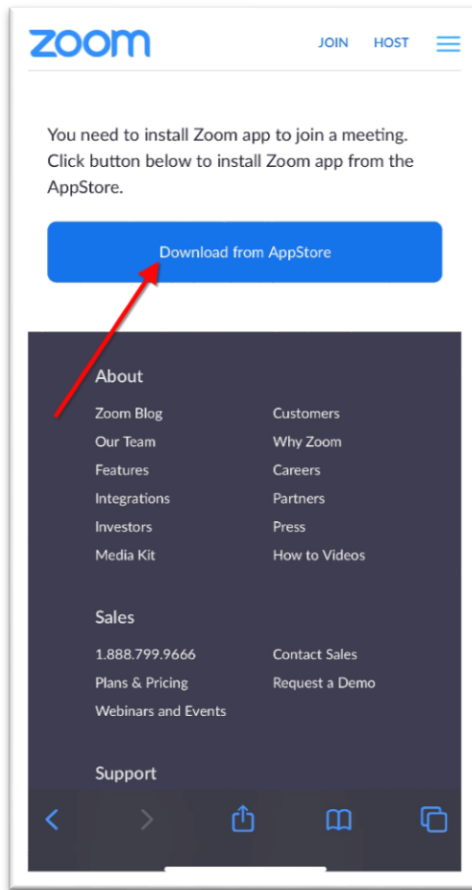
2. For Apple Store→Click the GET icon (1st Screenshot). For Google Play→Click Install (2nd Screenshot). Proceed to follow the on-screen prompts to complete the installation.
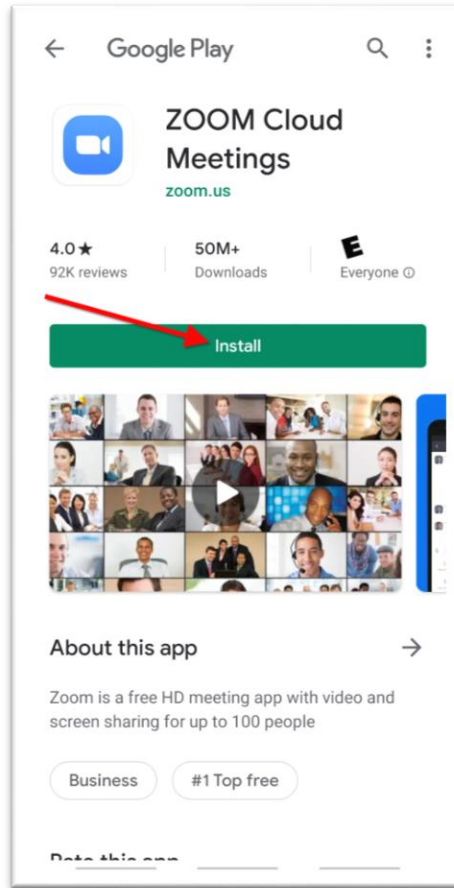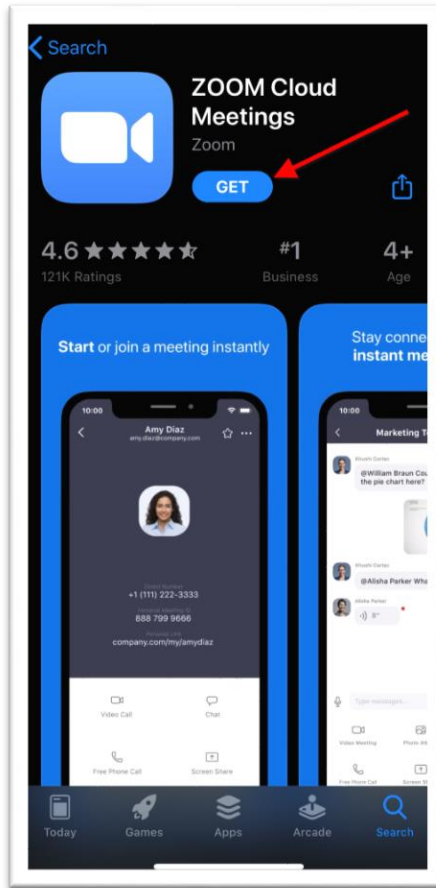

3. Once the application has been successfully installed, you can join a telehealth session with one of FoundCare's Providers at the time of your next appointment.

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4.   To join a meeting, open the ZOOM app. Click **Join a Meeting** →Enter the **Meeting ID Number** that was provided to you→**Enter your full name**→Click **Join Meeting** to start the meeting.
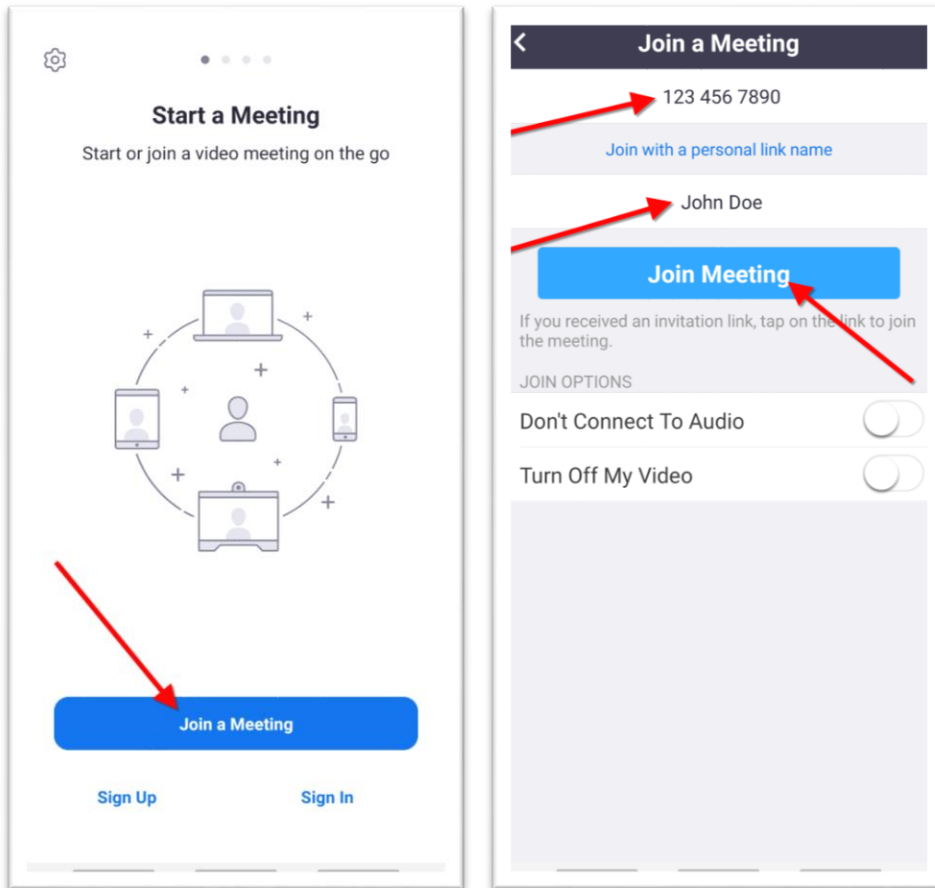
5. When the meeting starts, please enter the **Meeting Password** that was supplied to you and click **OK** (1ˢᵗ Screenshot)➔Click **Call via Device Audio** to enable your microphone (2ⁿᵈ Screenshot)➔Click **Start Video** in order to enable your camera (3ʳᵈ Screenshot).
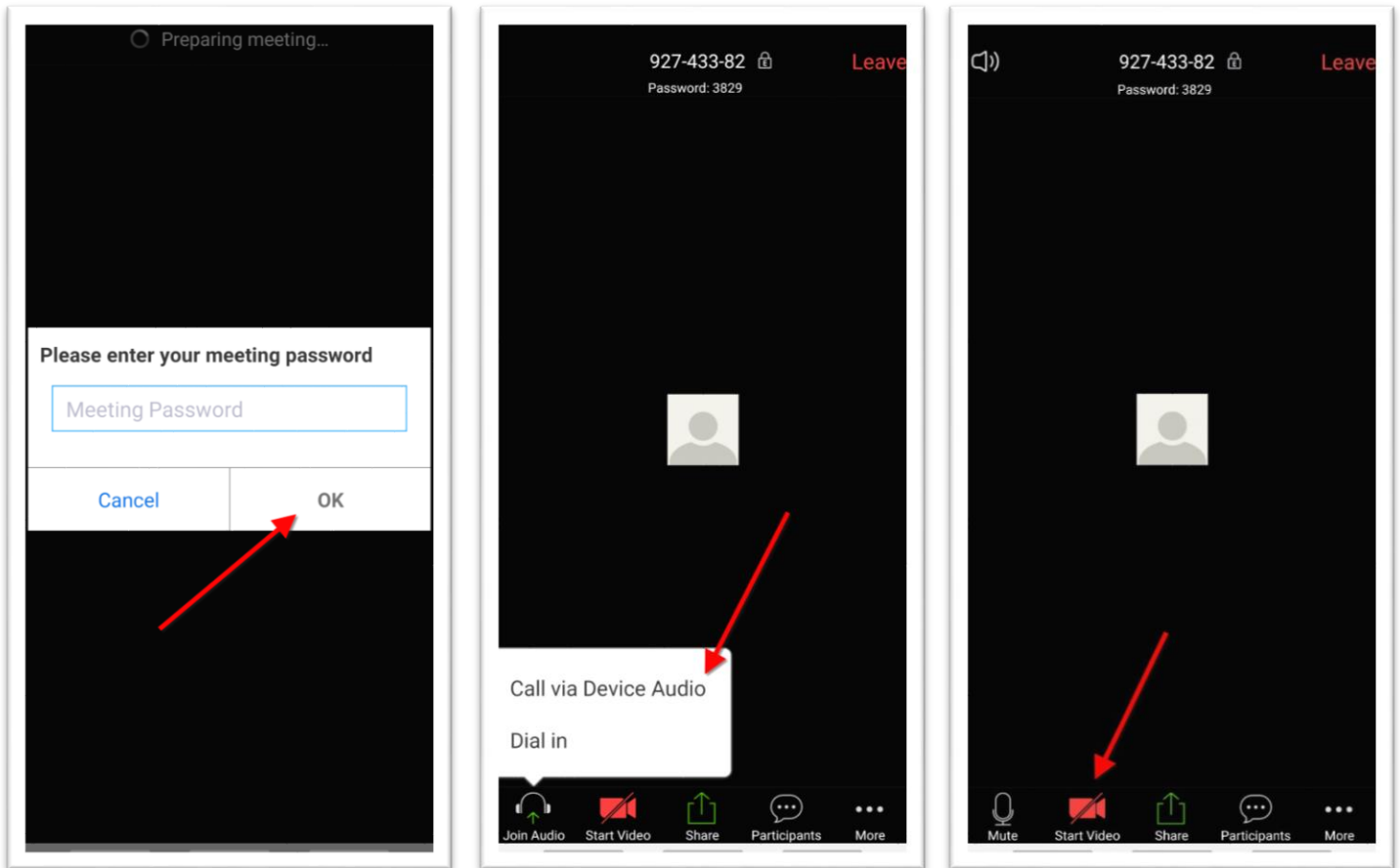
6. **Congratulations!** You have successfully connected to your TeleHealth Session!